

Recommendations by:  
Betsy Washington

Meadow Plants  
Northern Neck Natives

March 2018

Botanical Name	Common Name	Soil Moisture		
		Wet*	Medium	Dry
Flowering Plants				
<i>Achillea millefolium</i>	Common Yarrow		x	x
<i>Ageratina altissima</i>	White Snakeroot	x	x	
<i>Antennaria plantaginifolia</i>	Plantain-leaf Pussytoes			x
<i>Antennaria solitaria</i>	Single-head Pussytoes			x
<i>Aquilegia canadensis</i>	Eastern Red Columbine		x	x
<i>Asclepias incarnata</i>	Swamp Milkweed	x	x	
<i>Asclepias syriaca</i>	Common Milkweed	x	x	x
<i>Asclepias tuberosa</i>	Butterfly-weed		x	x
<i>Baptisia tinctoria</i>	Yellow Wild Indigo			x
<i>Chamaecrista fasciculata</i>	Partridge-pea		x	x
<i>Chelone glabra</i>	White Turtlehead	x	x	
<i>Chrysopsis mariana</i>	Maryland Golden-aster			x
<i>Conoclinium coelestinum</i>	Blue Mistflower	x	x	
<i>Coreopsis lanceolata</i>	Long-stalk Coreopsis		x	x
<i>Eupatorium hyssopifolium</i>	Hyssop-leaf Thoroughwort			x
<i>Euthamia caroliniana</i>	Slender Flat-top Goldenrod	x	x	x
<i>Euthamia graminifolium</i>	Flat-top Goldenrod	x	x	x
<i>Eutrochium dubium</i>	Three-nerved Joe-pye-weed	x	x	
<i>Helenium autumnale</i>	Common Sneezeweed	x	x	
<i>Hibiscus moscheutos</i>	Swamp Rose-mallow	x	x	
<i>Houstonia caerulea</i>	Common Bluets		x	x
<i>Kosteletzkya pentacarpos</i>	Seashore Mallow	x	x	
<i>Liatris pilosa</i>	Grass-leaf Gayfeather			x
<i>Lobelia cardinalis</i>	Cardinal Flower	x	x	
<i>Lobelia siphilitica</i>	Great Blue Lobelia	x	x	
<i>Lupinus perennis</i>	Sundial Lupine			x
<i>Monarda punctata</i>	Spotted Beebalm		x	x
<i>Oenothera fruticosa</i>	Southern Sundrops		x	x
<i>Packera aurea</i>	Golden Ragwort	x	x	
<i>Partheniuim integrifolium</i>	Wild Quinine		x	x
<i>Penstemon laevigatus</i>	Smooth Beard-tongue		x	
<i>Phlox paniculata</i>	Garden Phlox	x	x	
<i>Physostegia virginica</i>	Northern Obedient-plant	x	x	x
<i>Pycnanthemum incanum</i>	Hoary Mountain-mint		x	x
<i>Pycnanthemum tenuifolium</i>	Narrow-leaf Mountain-mint		x	x
<i>Rudbeckia hirta</i>	Black-eyed Susan		x	x
<i>Rudbeckia laciniata</i>	Cut-leaf Coneflower	x	x	
<i>Rudbeckia triloba</i>	Brown-eyed Susan		x	x
<i>Ruellia caroliniensis</i>	Carolina Wild-petunia		x	x
<i>Salvia lyrata</i>	Lyre-leaf Sage		x	x
<i>Scutellaria integrifolia</i>	Hyssop Skullcap	x	x	
<i>Sisyrinchium angustifolium</i>	Narrow-leaved Blue-eyed-grass		x	

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<i>Solidago juncea</i>	Early Goldenrod		X	
<i>Solidago sempervirens</i>	Seaside Goldenrod		X	X
<i>Symphiotrichum grandiflorum</i>	Large-flowered Aster		X	X
<i>Symphiotrichum leave var. leave</i>	Smooth Aster		X	X
<i>Symphiotrichum nove-belgii</i>	New York Aster	X	X	
<i>Symphiotrichum pilosum</i>	White Old-field Aster		X	X
<i>Thalictrum pubescens</i>	Tall Meadow-rue		X	
<i>Vernonia noveboracensis</i>	New York Ironweed	X	X	
<i>Viola pedata</i>	Birdsfoot Violet		X	X

Grasses & Sedges for Meadows				
<i>Andropogon glomeratus</i>	Bushy Bluestem	X	X	
<i>Andropogon ternarius</i>	Split Bluestem		X	X
<i>Andropogon virginicus</i>	Broomsedge	X	X	X
<i>Carex lurida</i>	Sallow Sedge	X		
<i>Elymus virginicus</i>	Virginia Wild Rye	X	X	
<i>Eragrostis spectabilis</i>	Purple Lovegrass		X	X
<i>Juncus effusus</i>	Soft Rush	X		
<i>Panicum virgatum</i>	Switchgrass	X	X	
<i>Saccharum giganteum</i>	Sugarcane Plumegrass	X	X	
<i>Schizachrium scoparium</i>	Little Bluestem		X	X
<i>Scirpus cyperinus</i>	Woolgrass	X		
<i>Tridens flavus</i>	Purpletop		X	X

\* Wet includes damp to wet soils

References and Links:

[Native Plants of Northern Neck](http://nnnps.org/go_native_grow_native_files/northernnecknativeplantguide.pdf) [http://nnnps.org/go\\_native\\_grow\\_native\\_files/northernnecknativeplantguide.pdf](http://nnnps.org/go_native_grow_native_files/northernnecknativeplantguide.pdf)  
[Digital Atlas of the Virginia Flora](http://vaplantatlas.org/), <http://vaplantatlas.org/>

**Urban & Suburban Meadows, Bringing Meadowscaping to Big and Small Spaces**, Catherine Zimmerman

**Wildflowers & Grasses of Virginia's Coastal Plain**. Helen Hamilton. Botanical Research Institute of Texas. 2013.